

# *Middle School: The ride of your life.*

**Join Pastor David and a panel of mental health professionals at this interactive event for parents and youth. Parents will learn creative ways of helping their youth navigate the transitions of middle school. Youth will grapple with what the transitions of middle school mean for their overall development, learn how to view change through the lens of faith and celebrate new beginnings.**

**Parents and youth will meet together in congregational hall for an opening session and then divide for age-specific discussions. Bring your questions, join the community, be the village that helps raise up a new generation.**



**4:00 p.m., Sun., Oct. 22, Congregational Hall  
All Are Welcome. Free of Charge.**

**Bryn Mawr Presbyterian Church  
Youth Ministry Department & the Middleton Center  
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