

DOMENICA RAFFERTY

MS, NCC, LPC



Domenica is a highly skilled counseling professional who specializes in grief and bereavement. She helps people who are faced with debilitating or terminal illness, or grieving the loss of a loved one.

Domenica believes that each person must make their own journey along the path that leads from loss to wholeness. "Each person facing a loss has their own transformation through which they must pass," she says "Some find solace in their religious practice, others in the comfort of friends or family." She helps her clients find the meaning in their grief and discover what how it will transform their lives.

Domenica poses questions and ideas, and offer tools and techniques to equip people for their journey to life-giving peace. She invites new perspectives and helps tackle soul-searching questions. Her goal is that clients can make healthy, productive, life- affirming choices that represent their very best selves.

SPECIALTY AREAS

- Couples, family and other relationships
- Parenting
- Anxiety and depression
- Life transitions
- Grief and loss
- Debilitating and terminal illness
- Dementia
- Mindfulness

