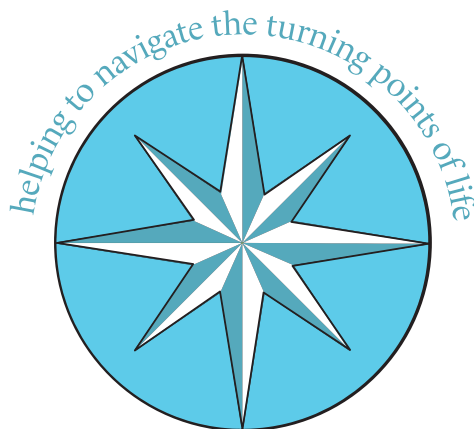




*Welcome*  
**TO THE MIDDLETON  
COUNSELING CENTER**



**THE MIDDLETON  
COUNSELING CENTER**



# Start Here

The Middleton Counseling Center is a specialized ministry of Bryn Mawr Presbyterian Church. We invite people of all and no faith backgrounds to enhance the connection between body, mind and spirit. Whether you are new to counseling or have seen counselors in the past, we are here to offer a welcoming setting where you can access quality, affordable counseling regardless of your background or current circumstances.

## **Tell Me About the Counselors**

The Middleton Counseling Center contracts a variety of different counselors and spiritual directors. Each counselor has their own area(s) of expertise. You can read about each counselor on our website at [middletoncenter.org](http://middletoncenter.org)

## **How do I connect with a counselor?**

The best place to start is by calling us at 610-525-0766. We will ask you a few questions to better understand your needs and can recommend a counselor. After that we will have a counselor contact you directly.

Once connected with a counselor, you will establish a relationship and discuss the nature and scope of treatment, the therapeutic philosophy and your rights within the relationship. You can also ask your counselor any questions you have about their expertise, background, or experience. The frequency and content of counseling is a discussion to be had between you and your counselor.

## **Will my information be shared outside of the counseling relationship?**

Absolutely not. Confidentiality is respected at all times. A signed consent form is needed for any information to be shared outside of a counseling appointment. Your counselor will not discuss the content of your appointment with Middleton Counseling Center staff members. The Middleton Counseling Center retains basic contact information as needed, but never shares your private information with any other organization.

**Where do we meet?**

The Middleton Counseling Center is housed on the campus of Bryn Mawr Presbyterian Church. The Center has its own space which is separate and distinct from the Church. Your counselor will direct you to your specific counseling room.

**How much does counseling cost?**

Each individual practitioner sets their own fee structures. Please inquire directly with your counselor to determine the fee amount.

**What if I cannot afford counseling?**

The Middleton Counseling Center believes quality counseling should be available to all people. All scholarship appointments cost \$105 per session. Scholarships are available based on your Adjusted Gross Income (AGI) as indicated on your recent tax form or two recent pay stubs. Scholarships are gifts given for your benefit and paid directly to your counselor.

Below is the chart that indicates the scholarship amount based on your AGI. In the chart the first number is the amount paid by the client, whereas the scholarship amount is listed in parenthesis:

AGI	Single	Married-Jointly
Unemployed - \$29,999	\$20 (\$85)	\$20 (\$85)
\$30,000-\$36,999	\$30 (\$75)	\$25 (\$80)
\$37,000-\$43,999	\$35 (\$70)	\$30 (\$75)
\$44,000-\$49,999	\$40 (\$65)	\$35 (\$70)
\$50,000-\$56,999	\$50 (\$55)	\$40 (\$65)
\$57,000-\$63,999	\$65 (\$40)	\$60 (\$45)
\$64,000-\$69,999	\$90 (\$15)	\$80 (\$25)
\$70,000+	\$105 (\$0)	\$105 (\$0)

**How do I apply for a scholarship:**

Complete these two steps:

1. Complete the Middleton Counseling Center Scholarship Form. You can obtain an application online at [middletoncenter.org](http://middletoncenter.org) or from your counselor.
2. Provide a copy of the front page of your most recent tax filing which indicates their Adjusted Gross Income (AGI) OR provide a copy of your two most recent paycheck stubs.

Once you have completed these two documents please submit them both via email to Kiki McKendrick, Middleton Counseling Center Administrator, at [KikiMcKendrick@bmpc.org](mailto:KikiMcKendrick@bmpc.org).

***Your information will be kept confidential and not shared with any outside organization or person.***

# What we Offer

Individual & Family Counseling  
Support Groups: Bereavement, Domestic Abuse, and Clergy Support  
Spiritual Direction for Individuals and Groups  
Labyrinth Walks

---

## Be in touch:

You can reach us directly via phone or email:



**Kiki McKendrick**

Middleton Counseling Center Administrator  
kikimckendrick@bmpc.org | 610-525-0766



**The Rev. Brian K. Ballard**

Associate Pastor at Bryn Mawr Presbyterian Church  
brianballard@bmpc.org | 610-520-8820

### **Our address is:**

625 Montgomery Avenue  
Bryn Mawr, PA 19010

### **Let's stay connected:**

If you are interested in receiving periodic updates and information about The Middleton Center and its programming, please send us a quick note at [info@middletoncenter.org](mailto:info@middletoncenter.org) and we will include you on our distribution list. We will not share your email or information in any way with any other individual or organization.