



Women's Spring Gathering April 15TH

"RESILIENT WOMEN: EMBRACING CHANGE WITH FAITH & HOPE"

This year's Annual Women's Spring Gathering will take place on Thursday, April 15th at 6:00 p.m. in Congregational Hall. The skills we use to design and negotiate desired change in our lives, as well as the ways we navigate unanticipated change, are essential to our sense of happiness, wholeness and well being. Guest Speaker, The Rev. Sharon L. Vandergrift, Founder and Executive Director of Bridge the Gap Life Coaching Services, founding member of the Methodist Coaching Connections and Certified Life Coach, will offer insights into the process of change and growth and inspire us to embrace newness in our lives with faith and hope.

Sharon is also an ordained United Methodist Minister who has a desire for partnering with those who desire change in their lives. She has a great sense of humor and has been engaging people in the dynamics of life choices for over 25 years.

Spring Gathering reservations are required by no later than April 6th, for \$15.00. Make checks payable to BMPC-PW and mail to Louise Burnstein, 449 W. Montgomery Avenue, #201, Haverford, PA 19041 (610-642-7500 or lhburnstein@aol.com).